

30 Ways To Boost Iman

or 30 Acts For Ramadhan

1. Memorise a new **dua** and recite it regularly
2. Make doing **adhkar** a daily habit
3. Review the **fiqh** of fasting and relate it to your family or friends
4. Order a new Islamic **book** or add it to your wishlist
5. Understand the Qur'an more by reading or listening to **tafsir**
6. **Review** your sleeping habits and diet and make sure you're looking after yourself
7. Read or listen to a talk about the **sahabah**
8. Learn some of your favourite **ayat**
9. **Give** food or money to a person sleeping rough
10. **Share** some food with your neighbour
11. Learn a story of a **Prophet** and relate it to your family or friends
12. Read or listen to a talk about the life of the **Prophet** ﷺ
13. Memorise some **hadith** about the rewards of fasting
14. **Review** your daily habits and make sure you're making the most of Ramadhan
15. Work on improving your **tajweed** and fluency
16. **Check** in on a family member, friend or neighbour
17. Read some hadith **Qudsi**
18. **Donate** some of your things to a local hospital, residential home or charity shop
19. **Visit** a sick or elderly person
20. **Donate** food or money to a local food bank
21. Read about the names of **Allah**
22. Set up a new small regular **donation** to a charitable cause
23. Make some extra **dua** for those in extreme hardship
24. Add more **sunnah** and nafl acts to your daily routine
25. Read or listen to a talk about seeking **knowledge**
26. **Reconnect** with a family member or friend
27. Start reading an unread Islamic **book** you own or reread one of your favourites
28. Research one-off or regular **volunteering** you could get involved in
29. Write a private account of your **experiences** and feelings this Ramadhan
30. Make a to-do **list** of ways you can increase your acts of worship and knowledge